HIGH ROAD
Parental Leadership Development

Introduction & Leadership Fundamentals

2NOT1 Fatherhood & Families, Inc.

HIGH ROAD - Introduction & Foundation
Let's Get it Started

Clap-in

Everybody stands

One at a time each person shares something they expect to learn today or something about why they are in the cohort

After each person speaks they are acknowledged by each participant in the class by clapping

When the person sharing their thought is finished they sit

The class officially begins when all the participants are sitting

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HIGH ROAD - Introduction & Foundation
What is the High Road Leadership Development Training?

- Parenting class for parents who have children in states care and working to have them return home
- Coparents who struggle with working with the other parent
- Employees who find themselves struggle with work related issues
- Leaders who want to increase their capacity as leaders

It's what you need it to be but it's up to you to get what you need!

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What to Expect

Eight Sessions: Leadership Fundamentals | Conflict Management | Emotional Intelligent | Anger Management |
Parenting Skills | Social Capital | Child Development

Sessions catered to the group. Keyword #Flexibility

Resources at the table (literally & figuratively)

Parent and child activities

Coaching from the front of the room

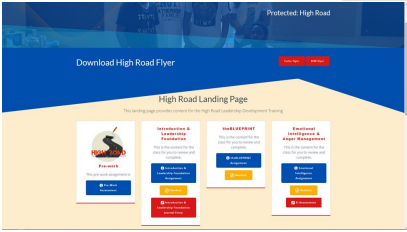Respectful responsibility talk!

Individual coaching

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Please take time to answer the High Road assessment.

www.2NOT1.org /HRlanding

10 minutes

Protected: High Road

Download High Road Flyer

High Road Landing Page
This landing page provides content for the High Road Leadership Development Training

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Ground Rules

Interrupt the facilitator(s) - not each other

Expect coaching from the front of the room

This is not the truth or falsity

Wrong or Right is irrelevant

No judgement

Arrive on time. Example if arrival time is 2pm then 2pm is late.

Actively Participate (step out of comfort zone)

Phones Silent/ Excuse from room

What is said and happens here, stays here

Be respectful of each other

Be ok with being uncomfortable

Please complete emoji sheets

No sidebar conversations

Certificate of completion (8 classes, all homework & assignments, and 4 coaching calls)

Other?_____

**Aggressive & violent behavior will not be tolerated. Disruptive,

Aggressive, & violent behavior And you will be asked to leave.

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HouseKeeping:

COVID	Exits
Restrooms	Location of children
Water	Name badges
Parking	Recorders
Sign-in	
Schedule	
Certificate of participation or Certificate of completion (Graduate)	

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Certificate of completion (Graduate)

Attend all classes (10 classes)
Do all the homework (online and notebook)
Coaching (at least 2 sessions)
Actively participate during the sessions (engaged during the session)
this cohort is the last cohort at no cost (Waivers and scholarships)

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Your Emoji!

Today's date: _____

Identifier: _____ (example birthdate, initials, combination of both)

Put an ✔ on your mood

Awful	Not very good	Okay	Really good	Fantastic

Feedback (OPTIONAL):

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HIGH ROAD - Introduction & Foundation
Session Agenda

Pre-assessment

Ground Rules, Housekeeping, & Mood Sheets

Session: Expectations, 3-minute Introduction, Parental Coaching, Service Learning Project| The 3 Rs | Actual 3-minute Introductions

Reflection

PACT Time (In-person training only & with children present)

Dinner | Activity

Reflection | Next session goals | Wrap-up and Evaluation

Close (one word/ sentence)

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Session Objectives

Explain the High Road training expectations

Define the Three R's of Leadership

Recognize Coaching from the Front of the Room

Identify Available Resources

Analyze Speaking Styles

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We All in this Together (Ice Breaker)

1. Stand
2. Share your response to the question
3. Call the name of the person you are going to send the ball of yarn to, so they can do the same
4. Stop after the last person

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3-Minute Introduction

Introduction

3-Minutes (2 minute introduction & 1 minute feedback)

Answer questions

Receive feedback

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Coaching Agreement

What to expect

Commitment to be available and present during the sessions

Respect and honor of time

Coaching through problem areas

What is expected of you

Commitment to take full advantage of the coaching

Respect yourself and the coaching

Open mind to see a different perspective on adversity

Be ok with being uncomfortable

Hello
my name is
LIFE COACH

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Service Learning Project

Giving back to the community

Learning about resources

Becoming a resource

What ideas do you have for a service learning project? Past examples: Relief bags, volunteer background checks, feeding the homeless.

Become your advocate

Brain Break

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The 3R's of Leadership Fundamentals

Responsible Leadership
(What's Your Contribution)

Reflexive Leadership
(Self-Awareness & Seek and Accept Feedback)

Reciprocated Leadership
(Build Other Leaders Around You)

Renewed Leadership
(Success, Failure, & New Beginnings)

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Responsible Leadership

Allows you to be powerful in any setting because you're taking ownership of your life

Helps you understand what it means to be responsible for your contribution in any situation

Teaches blaming has no place in leadership

Allows you to learn from your successes and failures
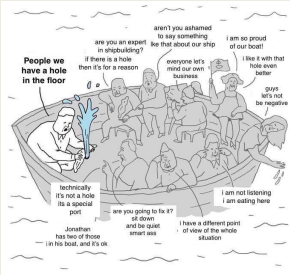
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Slide 22

Slide 23

What are you hearing for yourself in this conversation?

How can you apply this to your life?

Has this shown up in your life where you were not being responsible?

Slide 24

Non-judgemental

Look to self first as the source of success/ failure

Feedback

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Small Group Discussion: Reflexive Leadership

What are you hearing for yourself in this conversation?

How can you apply this to your life?

How do you handle feedback?

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Reciprocated Leadership

You build relationships with others because you see them as leaders

You intentionally focus on your relationships with others

Important variable to producing results without limits

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Group Discussion Reciprocated Leadership

What are you hearing for yourself in this conversation?

How can you apply this to your life?

How well do you work with others?

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The 3R's of Leadership Fundamentals

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(What's Your Contribution)

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(Success, Failure, & New Beginnings)

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HIGH ROAD - Introduction & Foundation
The 3R's of Leadership Fundamentals

The Cavalry Isn't Coming!
Die, Run, or Fight

Your Mama's Not Coming!
You've got to fight!

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HIGH ROAD - theBLUEPRINT
3-Minute Introduction

Introduction - Who are you and what do you want people to know about you after you speak?

Questions - Be prepared to answer questions about what you share

Time - It is important not to go over your time. You have **180** seconds!

3 min

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Never-ending Journey

Life experiences
Information
Evolution
One More Tool

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Session Wrap-up

What are Some of the High Road training expectations
What are the Three R's of Leadership and What do they Mean
Give an Example of Coaching from the Front of the Room
Name some Resources Offered to you as a Participant in this Cohort

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*This week's homework (**keep in notebook**)*

1. Learn all the information about your child(ren). Example: Child's healthcare provider, caregivers, school teacher, school phone, school email, clothing size, favorite color, etc.
2. Capture anything that stressed you. Example: an argument with a friend, something your child did, etc.
3. Capture what made you happy, made you smile. Example: Favorite show, child did something great, a friend did something nice for you, etc.
4. Think of two conflicts you could not avoid. Examples need to be narrated. Ex. Susan said I did not take out the garbage. I jumped up, pointed to the empty garbage can and said I did! She went in the bathroom and pointed to the waste basket and said I didn't. I gave her the side eye.

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*Let's Finish - Rubin's Vase*

Clap-in

Everybody is sitting

One at a time each person shares something they learned today using either one word or one sentence

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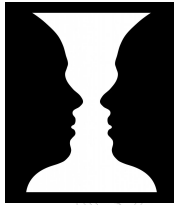
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